



Give it a Go Day

**Thursday June 5th at BG
Futures**
Bishop Grosseteste
University, Lincoln LN1 3DY
From 11 – 6

Come and try one or more of these activities for **FREE**

Learning Zone Activities

Volunteering:

Micro Volunteering / Volunteering Opportunities

Learning

Numeracy / Literacy (Creative Writing) / Interview Skills /
Coaching/ Mentoring / Editing Digital Photos (Photoshop) / First
Aid / Italian / National Careers Service

Health and Fitness

Intro to Coaching / Archery / Lacrosse / Human Table Football /
Batik wall / Pliates / Tai Chi / Abs blast / Zumba / Food Labelling

Creative

Drumming / Omelette Challenge / Access to Music (mixing) / Craft
(WEA) / chocolate welding / Top Gear Wheel Challenge / Circus
Skills

For more information contact:

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